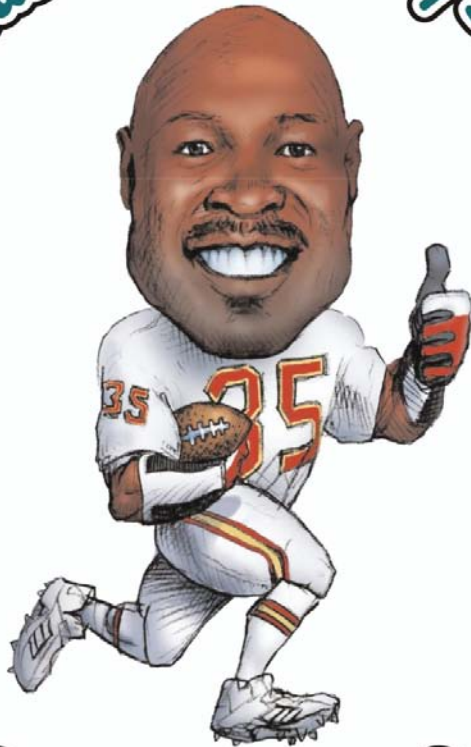


Ontario Mills 5K/10K



Ontario, CA

ONTARIO MILLS 5K/10K RUN:

Date: Saturday Jan 23rd, 2010

Time: 7:00 a.m.

Place: Ontario Mills Mall, Ontario, CA

Packet Pick-Up: NE entrance of Ontario Mills Mall, Ontario, CA. From 3pm to 6pm on Jan 22nd

Entry fees:

\$20 - 12 yrs and under/60 yrs and above

\$25 by Jan. 5th, 2010

\$30 by Jan 22nd, 2010

\$35 on Race day, (Jan. 23rd, 2010)

\$200 for group of 10 participants

Event t-shirt included in your race packets

To be picked up from Ontario Mills

Categories: boys/girls 12yrs and under; men/women 13-39; men/women 40-49; men/women 50-59; men/women 60 & up.

10 yrs old and above, younger kids must be accompanied by adults

Benefiting The Christian Okoye Foundation even for the Inland Empire Children.



Newly acquired the USATF Certification

Entry Form:

Name: _____ 12 & Under: _____ 60 & Over: _____

Address: _____ City: _____ ST: _____ ZIP: _____

Phone: _____ E-mail: _____ Expo: _____ 5k: _____ 10k: _____

Credit Card Number: _____ Code on back of Card: _____ Exp Date: _____ Amount: _____

Gender: M or F Age: ____; Date of Birth: _____; # of Participants: ____; Estimated Finish Time: _____

(Circle one) Runner: ____ Walker: ____ Wheelchair: ____; T-Shirt size(s) (Circle one) MD LG XL XXL

Sorry I will not be able to participate but will like to donate \$ _____

Release & Waiver:

I the undersigned, acknowledge that it is my responsibility to understand the risks associated with my participation in the Ontario Mills 5k/10k Run/Walk, including injury and possibly even death. I attest that I am physically fit to participate in this event and assume all risks. I hereby, for myself, my heirs, guardians and personal representatives, forever release, hold harmless, and discharge the Ontario Mills 5k/10k hosted by Christian Okoye, Christian Okoye, the Okoye Foundation, Mills mall, the City of Ontario, CA Parks & Recreation, all sponsors, directors, volunteers and all other persons and entities associated with this event, (collectively the organizers), from and against any and all rights to claims for injuries or damages I may sustain or receive arising in any manner from my participation in this event, regardless of whether such injuries or damages resulting in negligence of the Organizers. I recognize that the event is open to traffic including other participants and automobiles. I grant permission to the Organizers to use my name and photograph in brochures and other promotional media without compensation. I acknowledge that the entry fee is non-refundable. If the event is delayed or cancelled by any cause outside of the control of the Organizers there shall be no refund of the entry fee or any other costs incurred by me.

Signature: _____ Print: _____ Date: _____

Signature: _____ Print: _____ Date: _____

(Parental signature if under 18)

The Christian Okoye Foundation, Inc. * P O Box 1323 Alta Loma, CA 91701

www.okoyefoundation.org Phone: 909 481 3541 Fax: 909 481 3544